

## Vancouver B.C. Bicycle Weekend Outing June 11-14, 2010

Looking for an inexpensive cycling tour for these recessionary times? We have you in mind. You can cycle on a budget and still have lots of fun in the beautiful city of Vancouver B.C and outlying areas, on June 11-14 weekend. Come for 1, 2, or 3 nights and up to 4 days of cycling- you decide how long. Join up with our cycling friends, the Vancouver Bicycle Club, on some of the fun and scenic routes around the city.

This delightful tour will capture the hearts of cyclists who want a moderate tour of less than 50 miles per day and climbs of 1000 - 1300 ft. Optional routes with steeper climbs are available for those who want greater challenges. Why not carpool up to Vancouver B.C. and stay at the University of British Columbia's Gage Towers for "nice" budget accommodations (see below). Early reservations are recommended as this is a popular place to stay for tourists and conventions. Check the Maps Library, Outing Weekend Routes for Vancouver B.C. maps:

<http://www.seattlebiketours.org/members/maps/outing.html>

Please make your reservations online with UBC at:

<http://www.ubconferences.com/accommodations/budget-rooms/>.

### DAY 1/Friday/June 11

Drive up to Vancouver B.C. (approximately 3 hours), and check into UBC's Gage Towers or Hi-Hostel at Jericho Beach. Do a little sightseeing around the UBC campus and visit the Museum of Anthropology, Nitobe Gardens, or UBC Botanical Garden. Would you like to do a little cycling? Take the bike for a spin on a self-guided 22 mile cycling route around the UBC peninsula.

[http://www.seattlebiketours.org/members/maps/ubc\\_south\\_vancouver.pdf](http://www.seattlebiketours.org/members/maps/ubc_south_vancouver.pdf)

You're all invited to a "get acquainted gathering" at the Gage Towers in the lobby at 8 PM. Bring snacks, beer, wine, and plastic cups to share, if you like.

**Things to See and Do:** (1) Tour the **Museum of Anthropology** located at UBC on Point Grey near Gage Towers. The museum just completed a \$55.5 million expansion and renewal project. The current exhibit is **Border Zones: New Art Across Cultures**. -Sept. 12, 2010. This is an exhibition of international art that inaugurates a major gallery at the museum. Don't miss the highly recommended permanent exhibit of First Nation people of the Pacific Northwest. This is a great opportunity to see wonderful wood carvings and sculptures, totem poles, masks, and a cedar long house. Admission for an adult is \$14.00.

(2) Visit the **Nitobe Memorial Garden** located at UBC across the street from the Museum of Anthropology. This garden is a traditional Japanese tea and stroll garden. Admission for an adult is \$6.00.

(3) **UBC Botanical Garden** is located on the UBC campus within driving distance from Gage Towers. The Botanical Garden comprises 110 acres and the main gardens are alpine, Asian, native, food, physic, and winter. There are over 8,000 different plants found here. A botanical garden is a type of garden where the plants in the collection are documented for the purpose of research, conservation, and education. Admission for adults is \$8.00. Want to see all 3 attractions? Purchase a **UBC passport** for \$24.00.

### **DAY 2/Saturday/June 12**

Enjoy breakfast at the Student Union Building-included with your stay at UBC. Then bike east on Point Grey Rd. along the water, over the Burrard Bridge and meet up at the **Bread Garden**, 812 Bute St., for coffee. We'll start the first day's bike tour to scenic Horseshoe Bay; cycling half way around Stanley Park, over the Lions Gate Bridge, then west to Horseshoe Bay along Marine Drive. Stop and relax at the Horseshoe Bay Park and Whytecliff Park, enjoy this pristine area, and socialize with cyclists. Return on Marine Dr. or the Trans-Canada Trail (Mathers/King) and back to UBC or Jericho Beach Hostel. Find a restaurant or fast food for dinner.

### **DAY 3/Sunday/June 13**

Enjoy breakfast at the Student Union Building-included with your stay at UBC. Transport bicycles by car to Coquitlam and start bicycle tour to the Albion Ferry, 37.6 mile loop. The tour starts in the city where there is some riding on the Loughheed Highway, then it changes to rural scenery, crosses the Pitt River to Ford Rd., passes by Pitt Meadows Airport, cycle on River Rd. in Maple Ridge (near Fraser River), Loughheed Hwy., passes by the Albion Ferry, long gradual uphill to Webster's Corners that passes by the Kanaka Creek Regional Park and fish hatchery (rest stop), Dewdney Trunk Rd., Haney, Pitt Meadows, crosses Pitt Bridge, Loughheed Hwy., and back to Coquitlam. Map/cue sheet in the works.

### **DAY 4/Monday/June 14**

Transport bicycles by car to the **Town and Country Inn** at Ladner and enjoy a social breakfast with other cyclists. Today's tour is a 48 mile route to scenic Pt. Roberts in US territory. Some of the highlights include a ride to Reifel Island Wildlife Refuge on Westham Island, Deltaport Coal Terminal, the town of Tsawwassen, Lighthouse Marine Park, Point Roberts Marina, Tsawwassen Golf Club, shoreline roads and farmland. **Please bring passports for 2 border crossings.** Cycle back to Ladner, pick up cars, and return home.

[http://www.seattlebiketours.org/members/maps/ladner\\_ptroberts.pdf](http://www.seattlebiketours.org/members/maps/ladner_ptroberts.pdf)

### **ACCOMMODATIONS at UBC**

- **Budget-Single Standard Room.** One of 6 single bedrooms sharing a lounge and washroom. Each bedroom sleeps one person only. Located at **Gage Towers**-\$44.00 CAD-includes breakfast at the **Student Union Building**.
- Single-sized bed in private bedroom-4 to 6 bedroom apartment.
- Bed linens and towels provided.
- Shared lounge w/ TV.
- Shared kitchenette w/fridge, microwave, and sink.
- Shared washroom.
- High speed internet available.
- Eating and cooking utensils NOT INCLUDED.

Need **double accommodations**? They are available at UBC for \$139.00.

The **HI-Hostel Jericho Beach**, located two miles east of UBC, has a mixture of dorm rooms (4 to a room in bunk beds), and private rooms. The Jericho Beach Hostel has been recently renovated and has a fully licensed café on the premises, Jerry's Cove Café, for breakfast or dinner. **Stephen Campbell**, the manager, has made a special offer to SBC members. Let him know you are with SBC and he will offer dorm beds for \$20/nt, private rooms with shared bath for \$60, and premium private rooms with private bath for \$70. Rates are based on dual occupancy. Please make your reservations by contacting Stephen Campbell, directly at [Stephen.campbell@hihostels.ca](mailto:Stephen.campbell@hihostels.ca)