Victoria - Esquimalt Lagoon and Roads West 34 Miles

	Mile		Instruction	For
1	0.0		Depart Admiral Inn (257 Belleville Street).	0.3 mi
	0.3	L	Government Street.	0.1 mi
	0.4	L	Wharf Street.	0.4 mi
	0.8	BL	Johnson Street (cross bridge).	0.2 mi
	1.0	R	Harbour Road.	0.1 mi
2	1.1		Enter the Galloping Goose Trail .	2.0 mi
3	3.1		Cross Switch Bridge staying on the Galloping Goose Trail.	5.6 mi
4	8.7	L	Exit trail on Island Hwy (Rte 14).	0.1 mi
	8.8	R	Ocean Blvd.	1.0 mi
	9.8	L	Enter Fort Rodd Hill and Fisgard Lighthouse Park.	0.2 mi
5	10.0		Visit lighthouse, <i>Fort Rodd Hill</i> and <i>Esquimalt Lagoon</i> .	
			Return out of park.	0.2 mi
	10.2	L	Ocean Blvd.	1.7 mi
6	11.9	R	Lagoon Road.	0.7 mi
7	12.6	L	Metchosin Road.	4.2 mi
8	16.8	R	Happy Valley Road.	4.7 mi
9	21.5	L	Sooke Road (Rte 14), then immediate right on Glen Lake Road.	1.0 mi
10	22.5	L	Jenkins Ave (becomes Kelly Road after crossing Jacklin Road).	1.0 mi
11	23.5	L	Veterans Memorial Pkwy (Rte 14). Becomes Millstream Road.	0.8 mi
			Cross Goldstream Ave, go right <i>through treed yard</i> to Atkins Ave.	
12	24.3	R	Atkins Avenue. Follow to right.	2.0 mi
			Enter Galloping Goose Trail just before Six Mile Road.	
13	26.3	L	Galloping Goose Trail towards Victoria.	4.3 mi
14	30.6	R	Switch Bridge staying on Galloping Goose Trail to Victoria.	2.0 mi
15	32.6		Exit trail onto Harbour Road.	0.1 mi
	32.7	L	Johnson Street and cross bridge.	0.2 mi
	32.9	BR	Wharf Street.	0.4 mi
	33.3	BR	Government Street.	0.1 mi
	33.4	R	Belleville Street.	0.3 mi
16	33.7		Return to Admiral Inn (257 Belleville Street).	

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