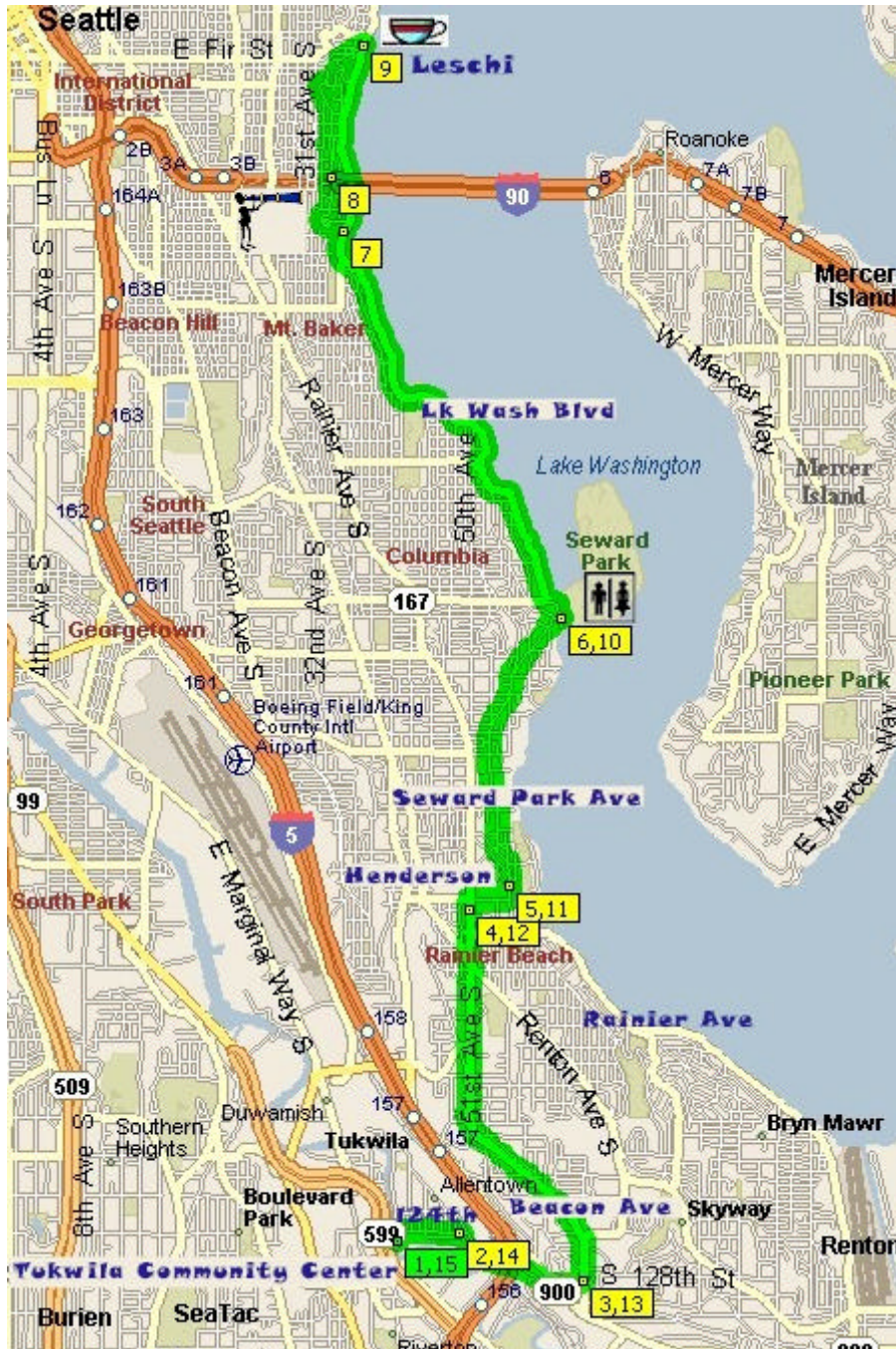


Tukwila - Seward Park - Leschi

23 Miles

Mile	Instruction	For
1 0.0	R Leave <i>Tukwila Community Center</i> on S 124th Street .	0.5 mi
2 0.5	BR 50th Place S .	0.2 mi
0.7	BL Becomes S 129th Street and heads uphill over <i>Duwamish River</i> and I-5 . At traffic light cross Martin Luther King Way .	0.7 mi
3 1.4	L 64th Avenue S .	0.3 mi
1.7	BL Beacon Avenue S .	1.1 mi
2.8	Continue on 51st Avenue S - Kubota Gardens (before Renton Ave).	1.2 mi
4.0	L Rainier Avenue S (SR-167) .	0.2 mi
4 4.2	R S Henderson Street (QFC Grocery) on corner).	0.2 mi
5 4.4	L Seward Park Avenue S .	2.0 mi
6.4	R S Juneau Street (going downhill).	0.1 mi
6.5	<i>Seward Park</i> - Restrooms - Water.	
6 6.5	L Lake Washington Blvd S .	3.1 mi
7 9.6	L Head uphill on Lake Washington Blvd S to I-90 East Portal Park .	0.7 mi
8 10.3	I-90 Portal Park - good <i>Lake Washington</i> viewpoint. After viewpoint road goes through <i>Frink & Leschi Parks</i> descending to lake.	1.1 mi
9 11.4	<i>Leschi Starbucks</i> or <i>Pert's Deli</i> - Good midway rest stops.	
9 11.4	R At bottom of switch backs go right on Lakeside Avenue along water.	4.5 mi
10 15.9	<i>Seward Park</i> - Restrooms - Water.	
10 15.9	R S Juneau Street (uphill).	0.1 mi
16.0	L Seward Park Avenue S .	1.8 mi
11 17.8	R S Henderson Street (turn is across from <i>Atlantic City Park</i>).	0.3 mi
12 18.1	L Rainier Avenue S (SR-167) .	0.2 mi
18.3	R 51st Avenue S (gradual uphill).	1.3 mi
19.6	Stay left and continue as Beacon Avenue S .	1.0 mi
20.6	BR 64th Avenue S .	0.3 mi
13 20.9	R S 129th Street (cross Martin Luther King Way and head downhill).	0.7 mi
21.6	Road continues as 50th Place S .	0.2 mi
14 21.8	BL S 124th Street .	0.5 mi
15 22.3	L Return to <i>Tukwila Community Center</i> .	



Tukwila - Seward Park - Leschi 23 Miles

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