## Seattle - Around Town 31 Miles

	Mile		Instruction
1	0.0		Depart <i>Gasworks Park</i> going west on the Burke Gilman Trail.
2	2.0		Exit bike trail at end of <i>Fred Meyer</i> 's lot and continue on 9th Ave NW.
	2.1	L	NW 46th Street.
3	2.5	BR	Shilshole Avenue NW - ride single file in bike lane.
4	3.1	L	Turn left at light on <b>NW Market Street</b> .
	3.4	BL	Continues as <b>NW 54th Street</b> .
5	3.5	L	Turn left into <b>Ballard Locks</b> - walk bikes through locks.
6	3.6	R	Exit locks and turn right on <b>W Commodore Way</b> .
	4.1	L	40th Avenue W.
	4.2	R	Enter <b>Discovery Park</b> and continue through to opposite side.
7	5.4	L	Exit park on <b>Emerson Street</b> and continue on <b>Magnolia Blvd W</b> .
	7.4	R	W Howe Street and immediately right on Magnolia Blvd W.
	<b>7.8</b>		Continues as <b>W Galer Street</b> .
8	7.9	L	<b>Thorndyke Avenue W</b> - going downhill.
9	8.8	R	21st Avenue W.
-	9.0	-	Connect with downtown bike trail and continue south.
	<b>9.7</b>		Cross under <i>Garfield Street Bridge</i> , continue on trail along <b>16th Ave</b> .
	10.3		Enter <i>Elliott Bay Park</i> on trail and continue.
	2010		Trail passes through <b>Olympic Sculpture Park</b> .
10	11.5		Exit park and continue straight in bike lane along <b>Alaskan Way</b> .
11	13.0	L	S Jackson Street - Seattle International District.
12	13.9	R	<b>12th Avenue S</b> - go uphill crossing over <b>I-90</b> .
1~	13.5	IV	Continue on <b>Golf Drive S</b> .
	14.2	D	
		R dt	Keep right and continue on <b>14th Avenue S</b> .
10	15.0		Bear left and continue straight on <b>Beacon Avenue S</b> .
13	17.3	L	<b>S Orcas Street</b> - continues up and down to <b>Lake Washington</b> .
	19.2	R	Seward Park Avenue S.
	19.4	L	<b>S Juneau Street</b> - going downhill.
	10 5	-	Seward Park - Rest stop - Restrooms - Water.
14	19.5	L	Start north along water on Lake Washington Blvd S.
15	23.9		Leschi - Latte Stop.
	23.9		Continue straight going north along water on <b>Lake Washington Blvd</b> .
	25.2		At stop sign, continue along water on <b>39th Avenue E</b> .
4.0	25.5	R	McGilvra Blvd E.
16	26.0	L	E Madison Street.
17	26.7	R	Lake Washington Blvd into Arboretum.
	<b>26.9</b>	R	Uphill on <b>Arboretum Drive</b> through gardens.
18	<b>28.0</b>	R	Lake Washington Blvd and exit park.
			At stop sign, stay left keeping on boulevard away from <b>SR-520</b> on ramp.
	<b>28.5</b>	R	<b>24th Avenue E</b> and cross bridge over <b>SR-520</b> .
	<b>28.6</b>		At museum cut through to <b>Park Drive</b> and continue.
	<b>28.</b> 7	L	E Shelby Street - uphill.
	<b>28.8</b>	R	Sidewalk bike trail and cross bridge over <i>Montlake Cut</i> .
19	<b>29.1</b>		At Husky Stadium cross Montlake Blvd to Burke Gilman Trail.
	29.2	L	Burke Gilman Trail.
20	31.2		Return to Gasworks Park.



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