Seattle - Around Town 31 Miles

	Mile		Instruction
1	0.0		Depart <i>Gasworks Park</i> going west on the Burke Gilman Trail.
2	2.0		Exit bike trail at end of <i>Fred Meyer</i> 's lot and continue on 9th Ave NW.
	2.1	L	NW 46th Street.
3	2.5	BR	Shilshole Avenue NW - ride single file in bike lane.
4	3.1	L	Turn left at light on NW Market Street .
	3.4	BL	Continues as NW 54th Street .
5	3.5	L	Turn left into Ballard Locks - walk bikes through locks.
6	3.6	R	Exit locks and turn right on W Commodore Way .
	4.1	L	40th Avenue W.
	4.2	R	Enter Discovery Park and continue through to opposite side.
7	5.4	L	Exit park on Emerson Street and continue on Magnolia Blvd W .
	7.4	R	W Howe Street and immediately right on Magnolia Blvd W.
	7.8		Continues as W Galer Street .
8	7.9	L	Thorndyke Avenue W - going downhill.
9	8.8	R	21st Avenue W.
-	9.0	-	Connect with downtown bike trail and continue south.
	9.7		Cross under <i>Garfield Street Bridge</i> , continue on trail along 16th Ave .
	10.3		Enter <i>Elliott Bay Park</i> on trail and continue.
	2010		Trail passes through Olympic Sculpture Park .
10	11.5		Exit park and continue straight in bike lane along Alaskan Way .
11	13.0	L	S Jackson Street - Seattle International District.
12	13.9	R	12th Avenue S - go uphill crossing over I-90 .
1~	13.5	IV	Continue on Golf Drive S .
	14.2	D	
		R dt	Keep right and continue on 14th Avenue S .
10	15.0		Bear left and continue straight on Beacon Avenue S .
13	17.3	L	S Orcas Street - continues up and down to Lake Washington .
	19.2	R	Seward Park Avenue S.
	19.4	L	S Juneau Street - going downhill.
	10 5	-	Seward Park - Rest stop - Restrooms - Water.
14	19.5	L	Start north along water on Lake Washington Blvd S.
15	23.9		Leschi - Latte Stop.
	23.9		Continue straight going north along water on Lake Washington Blvd .
	25.2		At stop sign, continue along water on 39th Avenue E .
4.0	25.5	R	McGilvra Blvd E.
16	26.0	L	E Madison Street.
17	26.7	R	Lake Washington Blvd into Arboretum.
	26.9	R	Uphill on Arboretum Drive through gardens.
18	28.0	R	Lake Washington Blvd and exit park.
			At stop sign, stay left keeping on boulevard away from SR-520 on ramp.
	28.5	R	24th Avenue E and cross bridge over SR-520 .
	28.6		At museum cut through to Park Drive and continue.
	28. 7	L	E Shelby Street - uphill.
	28.8	R	Sidewalk bike trail and cross bridge over <i>Montlake Cut</i> .
19	29.1		At Husky Stadium cross Montlake Blvd to Burke Gilman Trail.
	29.2	L	Burke Gilman Trail.
20	31.2		Return to Gasworks Park.



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