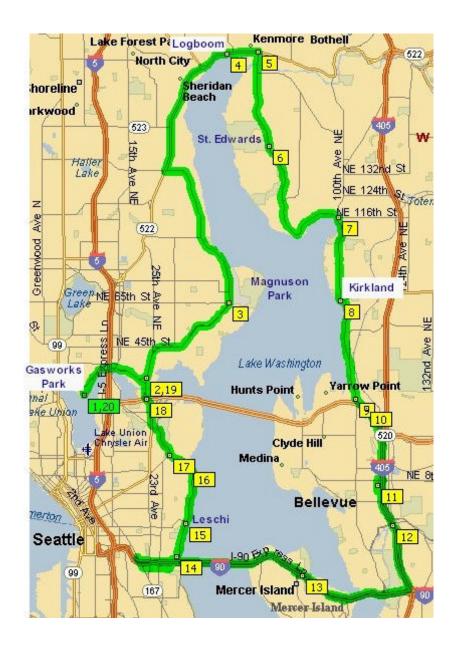
Gasworks - North Lake Washington Loop - 42 Miles

	Mile		Instruction	For
1	0.0		Depart Gasworks Park going right on Burke-Gilman Trail .	1.9 mi
2	1.9	R	Passing through the UW Campus .	3.0 mi
3	4.9		Passing <i>Magnuson Park</i> (home of the <i>Cascade Bicycle Club</i>).	7.0 mi
4	11.9		Tracy Owen Station (Logboom) Park - rest-stop.	1.4 mi
5	13.3	R	68th Avenue NE (Juanita Drive).	2.2 mi
			Could continue to <i>Wayne Golf Course</i> and turn on 96th Ave NE	
			(100th Ave NE) which skips <i>Juanita Hill</i> and a lot of work.	
6	15.5		Passing St. Edwards Park on Juanita Drive.	3.7 mi
7	19.2	R	98th Avenue NE (connect with riders skipping <i>Juanita Hill</i>).	0.6 mi
	19.8		Road continues as Market Street after Juanita Bay Park.	1.5 mi
8	21.3	L	Central Street and an immediate right on Lake Street - rest-stop.	2.7 mi
9	24.0	L	Northrup Way (before crossing under SR520).	0.2 mi
10	24.2	R	108th Ave NE, go under SR520, continue on 112th Ave NE.	1.8 mi
11	26.0	L	Cross NE 8th Street and turn left on NE 6th Street (114th Ave NE).	1.0 mi
12	27.0		Cross SE 8th Street and continue on 118th Ave NE.	2.0 mi
	29.0	R	Lake to Lake Trail (under I-90 Bridge).	1.5 mi
	30.5		Continue on trail with loop back to I-90 Bike Trail .	0.2 mi
	30.7		Exit bridge onto <i>Mercer Island</i> continue on trail.	2.3 mi
13	33.0		Stop at <i>Mercer Island Lid Park</i> for rest-stop, restrooms, water.	2.3 mi
			Exit <i>Mercer Island</i> onto I-90 bridge trail.	
			Exit I-90 Trail and go uphill on S Irving Street .	
14	35.3	R	Lake Washington Blvd S, continue to downhill and Leschi.	1.1 mi
15	36.4	L	Lake Washington Blvd (north along water).	1.3 mi
16	37.7		Continue uphill over hair pin curves through Lakeview Park .	0.2 mi
	37.9	BR	Top of hill bear right staying on Lake Washington Blvd .	0.6 mi
17	38.5		Cross E Madison Street into the Arboretum .	1.1 mi
			Inside park take uphill right to Arboretum Drive away from traffic.	
	39.6		Exit Arboretum on Lake Washington Blvd and continue on street.	0.4 mi
18	40.0	R	24th Avenue E over top of SR520 into museum parking lot.	0.2 mi
	40.2	L	Go out of parking and bear right then go left on E Shelby Street .	0.1 mi
	40.3	R	Montlake Blvd NE and cross Montlake Bridge.	0.2 mi
19	40.5	L	Cross Pacific Place to UW and Burke-Gilman Trail.	0.2 mi
	40.7	L	Burke-Gilman Trail.	1.6 mi
20	42.3		Arrive back at Gasworks Park .	

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