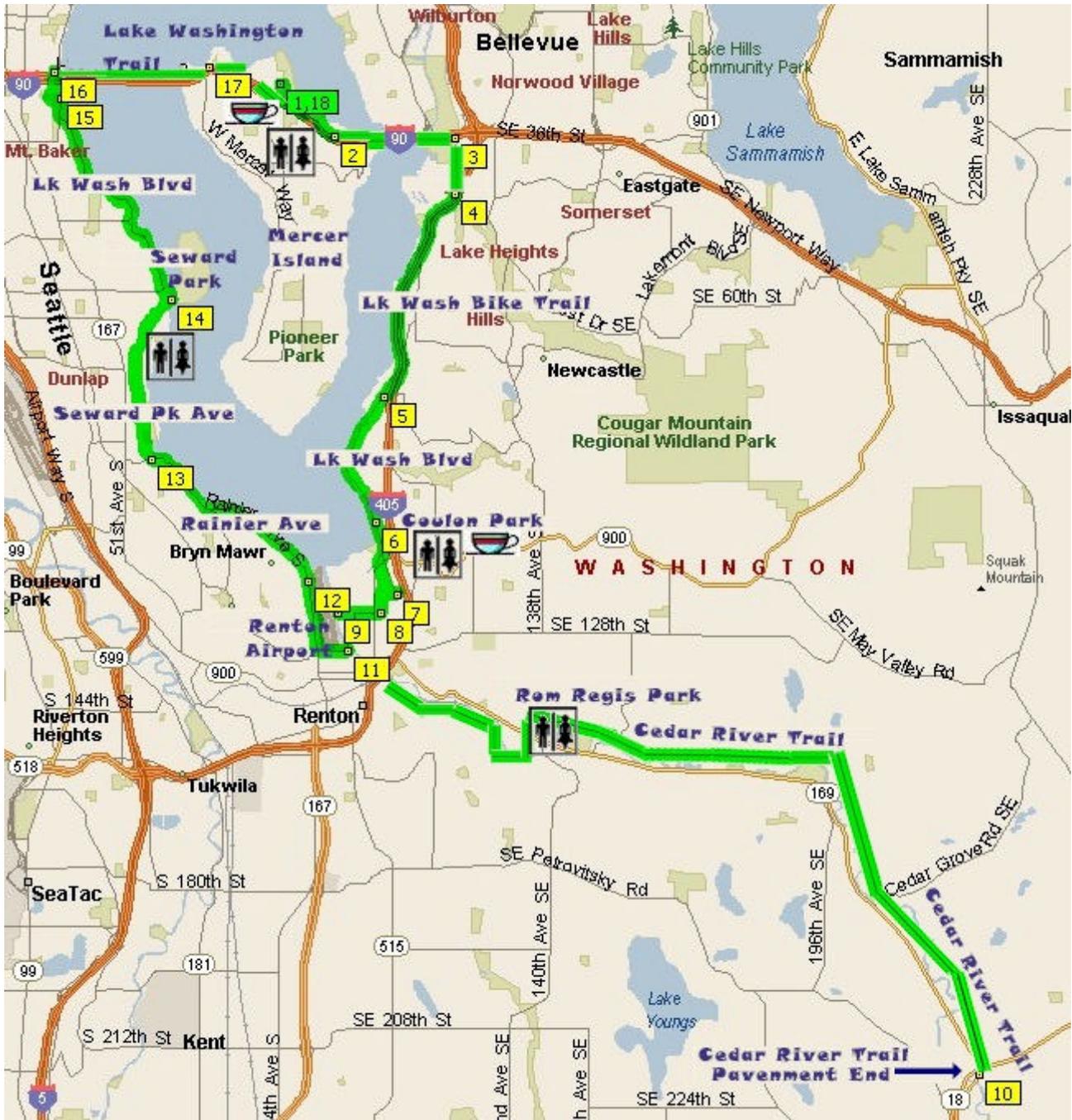


Mercer Island - South Lake Washington Loop with Cedar River Trail Extension 48 Miles

Mile	Instruction	For
1 0.0	Exit Mercer Island Community Center left. Right on 84th Avenue SE .	1.1 mi
2 1.1	L As Mercer Way turns right over I-90 turn left onto bike trail going east. Bike trail crosses lake, then loops back twice to Mercer Slough Park .	1.7 mi
3 2.8	R Lake Washington Blvd at end of Mercer Slough Park under I-90 .	0.8 mi
4 3.6	R Just before I-405 turn onto Lake Washington Bike Trail going south.	2.9 mi
5 6.5	Exit trail left, at stop sign turn right continuing on Lake Washington Blvd .	1.8 mi
6 8.3	R Coulon Park - Rest Stop - Restrooms - Water.	
	8.3 Continue thru park, cross RR Tracks/street to Houser Way .	1.0 mi
7 9.3	R N 8th Street .	0.3 mi
	9.6 L Garden Avenue N .	0.2 mi
8 9.8	R N 6th Street , continue straight to Boeing Access Rd and Cedar River .	0.6 mi
9 10.4	L River Park Bike Trail .	1.7 mi
	12.1 At airport end continue straight on Cedar River Trail under bridge. Trail passes library and skate board park. Cross Houser Way to Carco Theater Street into Cedar River Park . Pick up the Cedar River Trail .	3.0 mi
	15.1 Ron Regis Park - Rest Stop - Restrooms - Water.	8.2 mi
10 23.3	U End of paved trail - turn around point.	8.2 mi
	31.5 Ron Regis Park - Rest Stop - Restrooms - Water. At Cedar River Park retrace steps above returning you to airport.	3.0 mi
11 34.5	L After trail passes under Logan Ave at Renton Airport turn left over bridge. Exit right onto airport service road, continue west then north around airport.	1.2 mi
12 35.7	R Exit Renton Airport north on Rainier Avenue S - <i>ride single file</i> .	2.7 mi
13 38.4	R At light turn onto Seward Park Ave S .	2.2 mi
	40.6 R Go downhill on S Juneau Street .	0.1 mi
14 40.7	Seward Park - Rest Stop - Restrooms - Water.	
	40.7 R Exit park going north on Lake Washington Blvd S .	3.2 mi
15 43.9	L Before I-90 turn uphill on loop backs to top of I-90 Bridge Trail .	0.7 mi
16 44.6	R Just after crossing over I-90 , go downhill on S Irving Street to bridge trail.	0.1 mi
	44.7 Cross the I-90 Bridge Trail to Mercer Island .	2.0 mi
17 46.7	L Before lid park turn off trail onto W Mercer Way .	0.3 mi
	47.0 Pass Roanoke Tavern - Good after ride food and drinks stop.	0.4 mi
	47.4 L Onto Bike Trail along N. Mercer Way past Mercer Island Park & Ride .	0.4 mi
	47.8 L 81st Avenue SE , then immediate right onto SE 24th Street .	0.2 mi
18 48.0	L Return to Mercer Island Community Center .	



**Mercer Island - South Lake Washington Loop
with Cedar River Trail Extension
48 Miles**