

Mercer Island - Medina - Island Loop 29 miles

Mile	Instruction	For
1 0.0	L Depart <i>Mercer Island Community Center</i> on SE 24th Street.	0.1 mi
0.1	R 84th Avenue SE, continues at stop sign as N Mercer Way.	1.2 mi
2 1.3	L Mercer Island Bike Trail going east to <i>Bellevue</i> .	0.9 mi
2.2	L After bridge exit onto street, continue down left under I-90 bridge.	0.1 mi
3 2.3	R 106th Avenue SE (turn is right underneath I-90 bridge).	0.3 mi
2.6	BL SE 30th Street. Continues as 105th Avenue SE.	0.2 mi
2.8	BL SE 28th Street, then immediately right on 104th Avenue SE.	0.2 mi
3.0	L SE 25th Street.	0.1 mi
4 3.1	Continues as Killarney Way and 97th/99th Avenues. <i>Steep uphill.</i>	1.0 mi
4.1	R SE 7th Street, immediate left on 100th Ave, continue as 101st Ave.	0.5 mi
5 4.6	L Main Street. Continues as Lake Washington Blvd.	0.9 mi
5.5	BL Overlake Drive (stay left at <i>Medina</i> city limits sign).	1.5 mi
6 7.0	R Evergreen Point Road. (Going left takes you to <i>Medina</i> viewpoint.)	1.1 mi
7 8.1	R NE 24th Street.	0.5 mi
8.6	L 84th Avenue NE.	0.3 mi
8 8.9	R NE 28th Street.	0.2 mi
9.1	BL Points Drive NE.	0.4 mi
9.5	L 92nd Avenue NE and cross over SR-520.	0.1 mi
9 9.6	R NE Points Drive (at dead end continue straight through bike gate).	0.8 mi
10 10.4	Cross Lake Wash Blvd at light to Northup Way.	0.3 mi
11 10.7	R 108th Avenue NE which goes under SR-520 and heads uphill.	0.2 mi
10.9	Continues uphill as 112th Avenue NE (<i>ride single file in bike lane</i>).	1.9 mi
12.8	After crossing NE 8th Street move left to center lane.	0.1 mi
12 12.9	L Turn into sidewalk bike trail at NE 6th and continue to next street..	0.1 mi
13.0	R 114th Avenue (I-405 Service Road).	1.0 mi
13 14.0	Cross SE 8th Street and continue on 118th Avenue SE.	1.5 mi
14 15.5	R Under I-90 turn right into Mercer Slough Bike Trail.	0.9 mi
16.4	Trail circles under I-90 and goes uphill on Mercer Island Bike Trail.	0.6 mi
15 17.0	L At light turn and cross over I-90 to E Mercer Way and continue.	4.9 mi
	Beginning of the Mercer Island Loop.	
16 21.9	At south end of island start north on W Mercer Way.	6.0 mi
17 27.9	After crossing over I-90 Bike Trail continue west and down hill.	0.4 mi
	Veer right and continue on N Mercer Way past <i>Roanoke Tavern</i> .	
28.3	L 22nd Street (just before stop sign).	0.2 mi
28.5	R 78th Avenue SE (going uphill).	0.2 mi
28.7	L At stop sign, SE 24th Street.	0.3 mi
18 29.0	L Return to <i>Mercer Island Community Center</i> .	



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