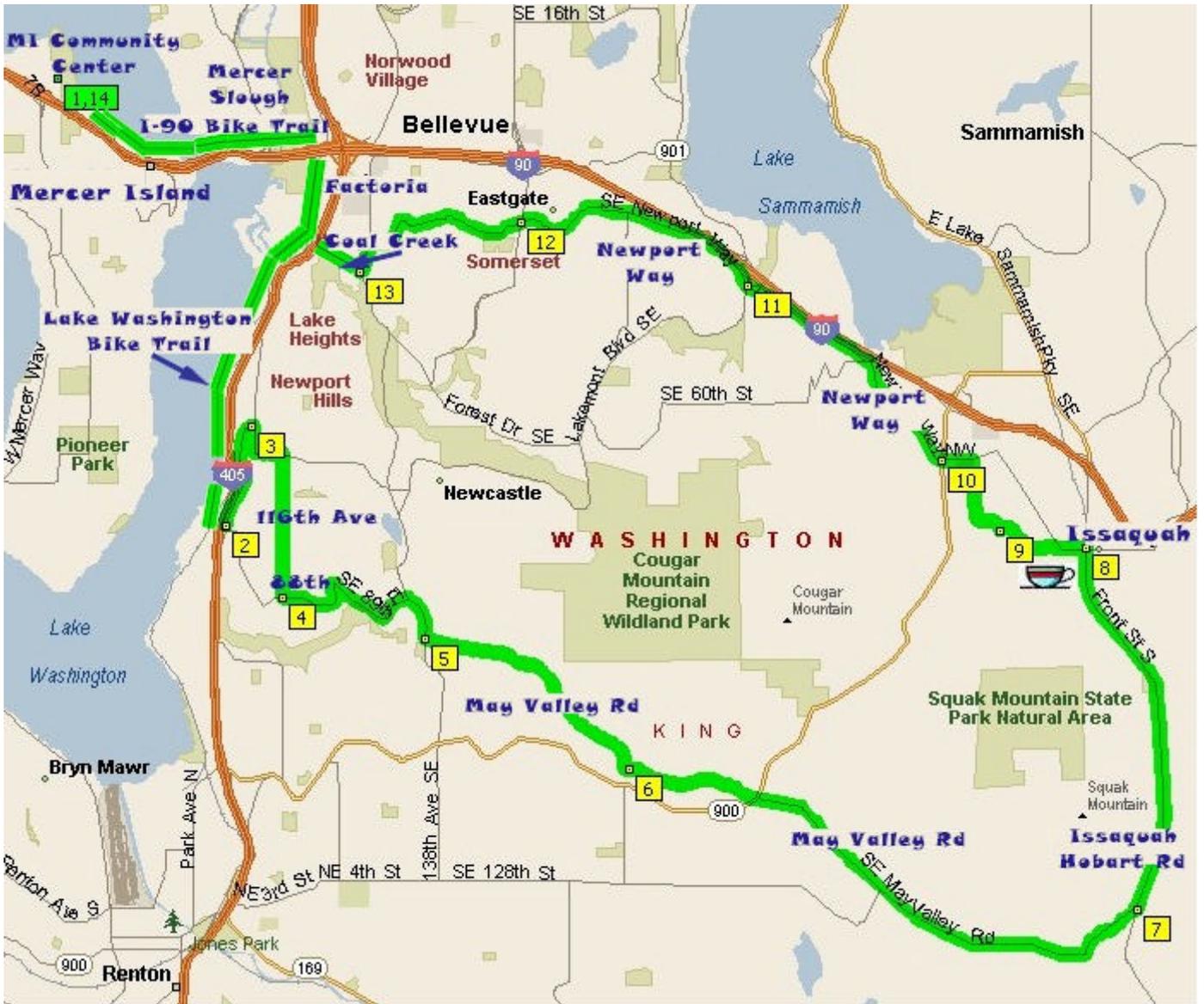


Mercer Island - Issaquah via May Valley 35 Miles

Mile	Instruction	For
1 0.0	L Leave <i>Mercer Island Community Center</i> going downhill on SE 24th St.	0.1 mi
0.1	R 84th Ave SE (becomes N Mercer Way). Stay single file in bike lane or take I-90 Bike Trail running parallel to road.	1.0 mi
1.1	When N Mercer Way turns to cross I-90 pick up I-90 Bike Trail . Continue on trail all the way through <i>Mercer Slough Park</i> .	1.9 mi
3.0	R At trail end after slough, go right on Lake Washington Blvd.	1.0 mi
4.0	At Coal Creek Pkwy , pick up Lake Washington Bike Trail going south.	2.8 mi
6.8	L NE 44th Street and cross I-90 .	0.1 mi
2 6.9	L Lake Washington Blvd NE.	1.1 mi
3 8.0	R 112th Avenue SE.	0.2 mi
8.2	BL SE 68th Street.	0.2 mi
8.4	R 116th Avenue SE.	1.3 mi
4 9.7	L SE 88th Street (road changes to 124th Ave , then SE 89th Place).	1.5 mi
11.2	R Coal Creek Pkwy SE - ride single file in bike lane.	0.4 mi
5 11.6	L SE May Valley Road (becomes 164th Avenue SE).	2.3 mi
6 13.9	L SE 112th Street.	0.1 mi
14.0	R Return to SE May Valley Road.	5.0 mi
7 19.0	L Issaquah Hobart Road SE - ride single file in bike lane.	2.2 mi
21.2	Enter <i>Issaquah</i> on Front Street.	1.2 mi
22.4	<i>Downtown Issaquah</i> - Mid Ride Rest Stop.	
8 22.4	L Take W Sunset Way west from downtown.	0.2 mi
22.6	W Sunset Way continues to right after crossing Newport Way.	0.6 mi
9 23.2	R Mt Olympus Drive NW (road becomes 12th Avenue NW).	0.8 mi
10 24.0	L Newport Way NW (cross SR-900 - 17th Avenue).	2.6 mi
11 26.6	Cross Lakemont Blvd and continue on SE Newport Way.	2.3 mi
12 28.9	Cross 150th Avenue SE and continue on SE Newport Way.	1.5 mi
30.4	L Factoria Blvd SE.	0.3 mi
13 30.7	R Coal Creek Pkwy SE - ride single file in bike lane.	0.4 mi
31.1	Cross I-405 to Lake Washington Blvd SE and continue north.	1.0 mi
32.1	L Under I-90 to entrance to I-90 Bike Trail through <i>Mercer Slough</i> .	1.9 mi
34.0	Exit trail onto N Mercer Way - ride single file. At stop sign road continues straight as 84th Avenue SE.	1.0 mi
35.0	L SE 24th Street.	0.1 mi
14 35.1	Return to <i>Mercer Island Community Center</i> .	



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