

Tracey Own Park - Kirkland - Redmond 32 Miles

Mile	Instruction	For
1 0.0	Leave Tracy Owen Park (Logboom) going east on NE 175th Street .	0.6 mi
2 0.6	R 68th Avenue NE.	0.4 mi
	To avoid Juanita Hill continue on trail for 2.3 miles, turn at Wayne G Golf Course parking to 96th Avenue (to Waynita Way and 100th Ave).	
1.0	BC Road continues as Juanita Drive (cycle uphill).	5.2 mi
3 6.2	R 98th Avenue NE.	0.7 mi
	BR At Juanita Bay Park take trail thru park across old walking/cycling bridge.	
6.9	BC Exiting park, go uphill on Market Street .	1.4 mi
4 8.3	Kirkland Marina Park - Rest Stop - Restrooms near pavilion.	0.1 mi
4 8.4	L Exit park after restrooms on Kirkland Avenue .	0.1 mi
8.5	R Lake Street (SR-908) .	0.7 mi
9.2	BC Lake Washington Blvd NE (SR-908) - cycle past Carillon Point .	1.3 mi
5 10.5	L NE 38th Place (by Keg Restaurant).	0.3 mi
10.8	R 108th Avenue NE (at Park n Ride).	0.2 mi
6 11.0	L Northup Way (go under I-405 and past NE 116th Street).	1.0 mi
7 12.0	L NE 24th Street (just before Northup Way goes under SR-520).	0.2 mi
12.2	R 520 Bike Trail (near top of hill - parallels SR-520).	4.5 mi
	Trail crosses over 148th Avenue NE .	
8 16.7	Cross W Lake Sammamish Pkwy and continue on Leary Way .	0.1 mi
16.8	L Intersect with Sammamish River Trail , cross bridge, immediate left.	0.1 mi
16.9	L Turn back under bridge to Redmond Town Center .	0.2 mi
17.1	Take Bear Creek Pkwy around center.	0.6 mi
9 17.7	Rest stop at Lary's Market .	0.8 mi
18.5	Return to Sammamish River Trail and head towards Bothell .	1.5 mi
20.0	L Foot bridge across river to trail past Overlake Church .	0.8 mi
10 20.8	R Willows Road NE (towards Bothell).	1.6 mi
11 22.4	R NE 124th Street (return to Sammamish River Trail).	0.7 mi
23.1	Enter Sammamish River Trail and head north.	1.5 mi
24.6	R Exit trail at 145th Street by Redhook Brewery and head west toward Columbia Winery .	0.4 mi
12 25.0	R Woodinville Redmond Road NE (SR-202) .	1.6 mi
26.6	BC Becomes Woodinville Drive (go under I-405).	0.8 mi
27.4	BC Becomes Riverside Drive .	1.7 mi
13 29.1	R Across bridge to Burke-Gilman Trail (near Blyth Park).	0.2 mi
29.3	L Burke-Gilman Trail towards Lake Forest Park .	2.5 mi
14 31.8	Return to Tracy Owen Park (Logboom) .	

Legend - R-Right, L-Left, BC-Becomes



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