Gasworks - Kenmore - Brier 40 miles

	Mile		Instruction	For
1	0.0	R	Leave <i>Gasworks Park</i> going north on the Burke-Gilman Trail .	1.6 mi
2	1.6		Trail passes through <i>University of Washington</i> .	3.0 mi
3	4.6		Trail passes <i>Magnuson Park</i> - home of the <i>Cascade Bicycle Club</i> .	1.9 mi
4	6.5	L	Leave trail after <i>Matthews Beach Park</i> on NE 97th Street .	0.1 mi
	6.6	R	Cross Sandpoint Way and go right on 45th Avenue NE .	0.3 mi
	6.9	\mathbf{BL}	NE 104th Place (becomes NE 105th Street).	0.8 mi
5	7.7	\mathbf{BL}	Ravenna Ave NE.	1.5 mi
6	9.2	R	NE 80th Street.	0.8 mi
7	10.0	R	Cross Lake City Way and go right on 8th Ave NE .	0.3 mi
	10.3	L	NE 85th Street.	0.4 mi
8	10.7	R	1st Avenue NE.	0.4 mi
	11.1	L	N 92nd Street (cross I-5).	0.3 mi
9	11.4	R	College Way N (becomes Meridian Avenue N).	1.4 mi
10	12.8	R	N 122nd Street (at <i>Haller Lake</i>).	0.2 mi
	13.0	L	Corliss Avenue N (north around <i>Haller Lake</i>).	0.4 mi
	13.4	L	N 128th Street (return to Meridian Avenue).	0.1 mi
11	13.5	R	Meridian Avenue N.	3.9 mi
	17.4		Cross N 205th Street and continue north on 76th Avenue W.	1.0 mi
12	18.4	R	228th Street SW and left on 73rd Place W.	0.4 mi
13	18.8	L	224th Street SW (cross Hwy 99).	0.2 mi
	19.0	R	76th Avenue W (return north on 76th after crossing Hwy 99).	0.8 mi
14	19.7	R	212th Street SW and left on 74th Avenue W.	0.3 mi
15	20.0	R	210th Street SW and left on 72nd Avenue W.	0.2 mi
	20.2	R	208th Street SW (cross Hwy 99).	1.3 mi
16	21.5	R	52nd Avenue W (cross I-5).	0.5 mi
17	22.0	L	217th Street SW (continues as 216th).	0.5 mi
	22.5	L	44th Avenue W.	0.1 mi
18	22.6	R	214th Street SW.	0.7 mi
19	23.4	R	Poplar Way.	1.2 mi
20	24.5	R	228th Street SW (after <i>Brier City Park</i>).	0.7 mi
21	25.3	L	35th Avenue W.	0.5 mi
22	25.8	L	236th Street SW.	0.8 mi
	26.6	R	23rd Avenue W (Dunlap Road), continues as 61st Avenue NE.	0.7 mi
23	27.3	BL	NE 200th Street and turn right returning to 61st going south.	1.2 mi
24	28.5		Cross NE Bothell Way and go downhill to Log Boom Park and trail.	0.1 mi
	28.6	R	Take Burke-Gilman Trail going west towards <i>Gasworks Park</i> .	5.5 mi
25	34.1		Trail passes <i>Matthews Beach Park</i> .	4.6 mi
26	38.7		Trail passes through the <i>University of Washington</i> .	1.6 mi
27	40.3	L	Return to Gasworks Park.	



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