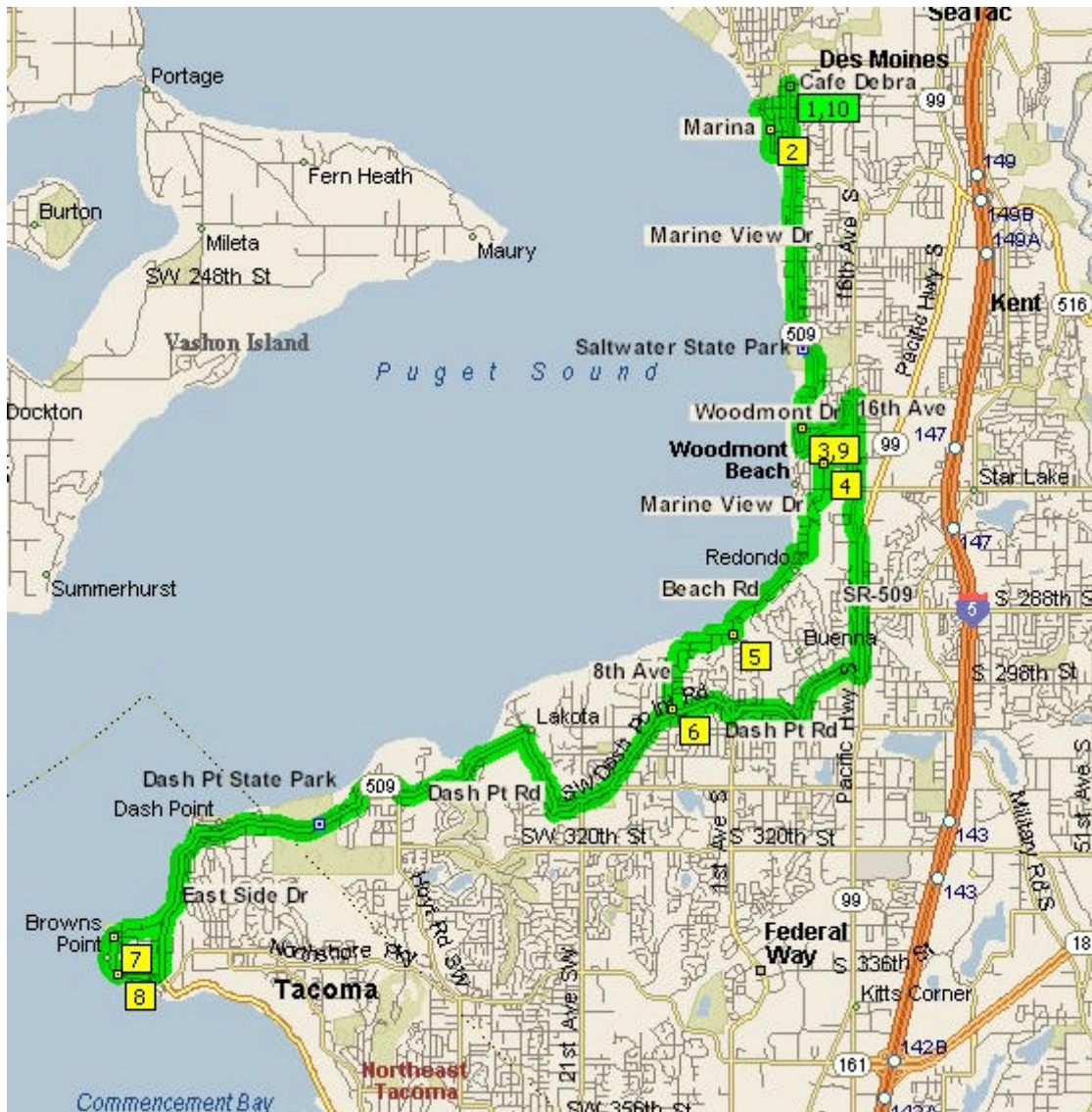


Des Moines - Brown's Point

30 Miles

Mile	Instruction	For
1 0.0	Leave <i>Cafe Debra</i> (S 219th Street & Marine View Drive).	
0.0	Cross Marine View Drive S (SR-509) and continue on S 219th Street .	0.1 mi
0.1	L 7th Avenue S .	0.2 mi
0.3	R S 222nd Street , downhill into <i>Des Moines Marina Parking Lot</i> .	0.4 mi
2 0.7	Continue through marina on Dock Street , then left on S 227th Street .	0.4 mi
1.1	R Marine View Drive S (SR-509) .	2.5 mi
3 3.6	L Woodmont Drive S (SR-509) .	0.6 mi
4.2	R 16th Avenue S (SR-509) .	0.5 mi
4 4.7	R S 268th Street , becomes 12th Avenue S , then Marine View Drive S .	0.8 mi
5.5	BR 10th Avenue S and then to S 281st Street . <i>Go Slow Downhill!!!</i>	0.4 mi
5.9	L Redondo Beach Drive S (becomes 1st Avenue S).	0.9 mi
5 6.8	R SW 292nd Street , left to 3rd Ave SW , and right to SW 293rd Street .	0.4 mi
7.2	BL 6th Avenue SW , right to SW 294th Street (becomes 7th Ave SW).	0.2 mi
7.4	R SW 296th Street , then left to 8th Avenue SW .	0.4 mi
6 7.8	R SW Dash Point Road (becomes East Side Drive) (SR-509).	6.1 mi
13.9	R Hyada Blvd NE to <i>Brown's Point Park</i> - Rest Stop.	0.6 mi
7 14.5	R Out of park, stay to right to Ton a Wan Da Ave and Tok a Lou Ave .	0.5 mi
8 15.0	BL Le Lou Wa Place NE .	0.3 mi
15.3	L East Side Drive (becomes SW Dash Point Road) (SR-509).	8.3 mi
Caution - Extensive Roadwork on SR-99 - Use sidewalk where possible & walk bikes.		
23.6	L SR-99 (SR-509) .	1.1 mi
24.7	BL 16th Avenue S (SR-509) .	1.2 mi
9 25.9	L Woodmont Drive which goes right to Marine View Drive (SR-509) .	3.7 mi
10 29.6	Return to <i>Cafe Debra</i> (S 219th Street & Marine View Drive).	



Des Moines - Brown's Point 30 Miles

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